

Richfield Senior Center

2014 Annual Report



Mission

- Foster improved understanding of the unique talents and abilities of senior citizens and their importance to our community.
- Further the objectives of the Senior Citizen Human Services Programs.
- Identify senior needs within the community and communicate those needs to the Human Services Commission.
- Further develop the leadership skills of those belonging to this organization.
- Assist in tapping the human, physical, and financial resources of our community for the benefit of Human Services.
- Enjoy the fellowship of those who share common interests and goals.

Vision

We envision a community where everyone leads full, healthy, and inspired lives.

Contact Information

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Senior Center Staff

Jan Weber – Coordinator of Human Services
Kathy Fedrowisch - Assistant Coordinator
Nancy Hartman – Assistant Coordinator
Ruby Kover – Assistant Coordinator
Marcia Pantaleano – Assistant Coordinator

Human Services Commission

Lois Czakaj
Don Larsen
Paul Swan
Anne Taylor
Barb Lanford – Council Rep.
Bob Lehman - Historian

**Who We Are
In 2014**

205 Members
8,700 participants visited the Senior Center

Volunteers

70 volunteers contributed more than 3,200 hours of service including but not limited to, food preparation, serving, clean up, shopping, transportation for shopping trips, fun trips, doctor visits, senior center, care of inside plants, care of birdfeeders, running bingo and other games, hosting movies, band practice & jam sessions, library maintenance, photography, window displays, handyman, sunshine, meal delivery, office assistance, and special events.

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Programs and Services**Health & Wellness**

36 Members participate in the health monitoring program through the Fire Department
1,008 Blood pressure checks were administered
60 Members participated in the podiatry program
53 Massages were provided
Fall flu shots were administered

Nutrition

2,731 Meals were delivered
2,300 Thursday lunches were prepared and served at the Senior Center

Transportation

80 Rides were provided to 227 participants primarily for programs at the Senior Center, shopping trips, and medical visits.

Dinner Groups

Two dinner groups routinely enjoy dining out twice a month. 150 participants enjoyed 17 varied restaurants.

The “Out of the Ordinary” group enjoy a little more upscale, gourmet, or maybe just “out of the ordinary” venues.

The regular dining group searches out local American and ethnic venues.

In either case, a lovely evening is enjoyed by all.

Menus are posted at the Senior Center.

Entertainment

Movies – A classic movie is hosted at the senior center the first Tuesday of the month. There are themed decorations, lively discussions and delicious refreshments.



Library

Many donated books, magazines and puzzles are available on an honor basis.

Memories Unlimited-Senior Center Band

The Senior Center's very talented band hosts a jam session on the 4th Tuesday of the month. Attendees enjoy singing, dancing or just listening to a wonderful variety of music. Naturally coffee, tea and dessert are always provided.

Physical Activities – promotes mobility and can turn back the clock

Tai Chi

Offered once a week - a great way to improve your strength and balance. This exercise program stresses balance control, flexibility, and cardiovascular fitness. Our expert Tai Chi instructor has been teaching at the senior center for 16 years.

Yoga

Offered twice a week - helps keep you active, stimulates energy, promotes a positive attitude, calmer emotions, wisdom, stronger muscles and joints, and eliminates depression. It combines relaxation, meditation and stretching. Our expert Yoga instructor has been teaching at the senior center for 9 years.

YOGA GROUP



Fun Bus Trips

The 14 passenger Senior Bus provided 24 trips to 254 participants

Trips included visits to various places including:

- Cleveland Botanical Gardens - Cleveland, OH
- Hard Rock Racino – Northfield, OH
- Progressive Lunch – Fairlawn, OH
- Horseshoe Casino – Cleveland, OH
- Trader Joe’s – Cleveland, OH
- Campbell’s Sweet Factory – Cleveland, OH
- Tearoom & Glassworks – Canal Fulton, OH
- Lakeview Cemetery – Cleveland, OH
- Amish Country – Kidron, OH
- Lolly the Trolley – Cleveland, OH
- Rivers Casino – Pittsburgh, PA
- Blossom Concert – Cuyahoga Falls, OH
- Indian’s Stadium Tour – Cleveland, OH
- Leesville Marina Pontoon Ride – Leesville, OH
- MAPS Museum & Gervasi Winery – Canton, OH
- Kelley’s Island – Kelleys Island, OH
- Nautica Queen Cruise – Cleveland, OH
- Presque Isle Casino – Erie, PA
- Hartville Flea Market – Hartville, OH
- Women’s Aviation Museum & Westside Market – Cleveland, OH
- Wayne County Fun Fest & Bison Farm– Marshallville, OH

Mental Activities – turn back the clock and stimulate the brain

Bingo is played every Thursday

Dominoes are played every Monday

Scrabble is played the fourth Monday of the month

Pinochle is played the fourth Monday of the month

Jigsaw puzzles are always available

Aging Concerns discussion group meets once a month to discuss concerns about the aging process and the changes that come with it.

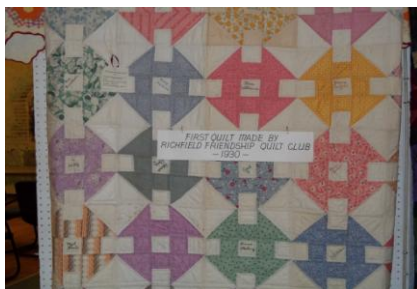
Special Events

Guests enjoyed such special events as:

- Volunteer Dinner – 75 Volunteers enjoyed a delicious appreciation dinner as a small thank you for all their volunteer services



- Annual Quilt Fair featured 99 quilts on display. Over 250 guests attended the fair enjoying the beautiful quilts, a country store, the Café, lovely decorations, and a raffle. The speaker provided a very informative presentation on “Dating and Preservation of Antique Quilts”



**First Quilt made by
The Richfield Friendship
Quilt Club -- 1930**



- Jam Sessions were provided by the senior band “Memories Unlimited” and guests enjoyed wonderful music and refreshments



- Over 50 guests enjoyed an Ice Cream Social on a lovely, warm summer evening. Richfield’s current and previous Police Chiefs served up ice cream sundaes and ice cream cones, and the band played on.



- Annual Christmas In The Manor English Tea – 109 guests enjoyed an elegant event featuring fancy finger sandwiches, delicious, decadent and beautiful desserts and cakes. This has become an annual event for many families and friends to enjoy. The Victorian décor was absolutely beautiful. A wonderful local volunteer 4H group helps with serving and clean up.



Thank you, thank you, to our many benefactors over the years

Organizations and Businesses – over the years

- AmVets Post 176 contributions have provided the senior center the ability to purchase beautiful refurbished office furniture, new window blinds for the office, a gorgeous teak patio set, teak rockers, teak benches, Weber gas grill, and new computer system.
- The Vowles family memorial contribution provided a much needed new kitchen stove, refrigerator, and other kitchen items.
- Bath Volunteers contributions provided the senior center with a much needed dishwasher.
- Visiting Angels Services, Chambrel Senior Living, Brookdale Senior Living, Homewatch Care Givers, Village of St. Edwards, and volunteer bakers have provided and continue to provide desserts for Thursday lunches.

Families and Friends

- Thanks to the generosity of families and friends the senior center has received donations over the years of a large entertainment center, large screen TV, DVR player, tables, chairs, dining room set, buffets, credenzas, sofas, chairs, lamps, freezer, dishwasher, plants, artwork, decorations, books, Wii game console, a wheelchair, walkers, and many other items.
- Thanks to our fabulous safety forces, including the Police Chief, Fire Chief and other safety staff for preparing and serving many Thursday lunches, barbecues and an ice cream social.

Awesome Volunteers – We could not operate without you!!!!

Our many volunteers have:

- Provided pastries, appetizers, and other food items for special events.
- Contributed “thousands” of service hours.
- Coordinated special events.
- Driven the fun bus for trips, shopping and dinner group outings.
- Escorted members to doctor appointments.
- Visited and offered companionship to homebound members.
- Delivered meals to homebound members.
- Taken care of plants and outside plantings.
- Decorated the center for the Quilt Fair and Christmas in the Manor English Tea.